STOP THE SPREAD

STEPS BELOW CAN CONTAIN THE SPREAD OF COVID-19

• Limit physical contact and interactions with each other. Do not hug or shake hands. When possible, remain 6 feet apart from one another.

• Cover your nose and mouth with a cloth face covering.

• Use a tissue to cover your mouth and nose when coughing or sneezing and dispose of it in a lined trash bin.

• Wash your hands with soap and water for at least 20 seconds after you use the restroom, before and after preparing food, after you sneeze or cough into a tissue, before you leave home, and right after you get home.

• Do not touch your eyes, nose and mouth throughout the day.

• Do not share personal items: cell phones, dishes, drinking glasses, cups, eating utensils, towels or bedding.

• Do not share tools or harvesting equipment.

• Bathroom and handwashing facilities must be cleaned and sanitized each day. If not, immediately inform your supervisor.

• At least once a day clean and disinfect phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets and bedside tables.

• Inform your supervisor immediately if you feel sick or have any symptoms. Do not leave your housing area and do not visit public areas.

Seek Medical Help for COVID-19 Symptoms*

- Persistent Cough
- Fever: 100.4+
- New Loss of Taste or Smell
- Muscle Pain/Headaches
- Shortness of Breath
- Sore Throat

*Other symptoms may include chills, diarrhea or feeling ill in any other way.

Where to get tested for COVID-19 in Florida

- Visit https://floridahealthcovid19.gov/testing-sites/ for the most updated information about testing sites.
- Call 1-877-888-7468 for general COVID-19 information.


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