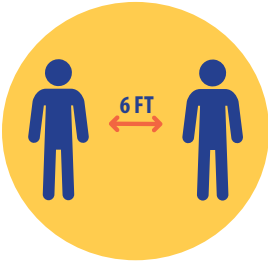


STOP THE SPREAD

STEPS BELOW CAN CONTAIN THE SPREAD OF COVID-19



- Limit physical contact and interactions with each other. **Do not** hug or shake hands. When possible, remain **6 feet apart** from one another.



- **Cover your nose and mouth** with a cloth face covering.
- Use a tissue to cover your mouth and nose when coughing or sneezing and dispose of it in a lined trash bin.



- **Wash your hands** with soap and water for at least 20 seconds after you use the restroom, before and after preparing food, after you sneeze or cough into a tissue, before you leave home, and right after you get home.

- **Do not** touch your eyes, nose and mouth throughout the day.
- **Do not** share personal items: cell phones, dishes, drinking glasses, cups, eating utensils, towels or bedding.
- **Do not** share tools or harvesting equipment.
- Bathroom and handwashing facilities must be cleaned and sanitized each day. If not, immediately inform your supervisor.

- At least once a day clean and disinfect phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets and bedside tables.

- Inform your supervisor immediately if you feel sick or have any symptoms. **Do not** leave your housing area and **do not** visit public areas.

UF Health Screen, Test & Protect.

Screen. Test. Protect.

Learn more at [Coronavirus.UFHealth.org](https://www.coronavirus.UFHealth.org)

Seek Medical Help for COVID-19 Symptoms*



Persistent Cough



Fever: 100.4+



New Loss of Taste or Smell



Muscle Pain/Headaches



Shortness of Breath



Sore Throat

*Other symptoms may include chills, diarrhea or feeling ill in any other way.

Where to get tested for COVID-19 in Florida

- Visit <https://floridahealthcovid19.gov/testing-sites/> for the most updated information about testing sites.
- Call 1-877-888-7468 for general COVID-19 information.

Cleaning and disinfecting your home.

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html>

Caring for someone sick at home. <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/care-for-someone.html>

Get the facts about corona virus. <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Department of Health in Florida. <http://www.floridahealth.gov>